

Keck School of Medicine of USC
Office of Continuing Medical Education
1540 Alcazar Street, CHP 223
Los Angeles, CA 90033

Non-Profit
U.S. Postage
PAID
University
of Southern
California



USC Diabetes Symposium 2025
September 20, 2025



Hybrid Conference
USC Health Sciences Campus
Aresty Conference Center
1450 Biggy Street, Los Angeles, CA 90033



Saturday, September 20, 2025
USC Health Sciences Campus
Aresty Conference Center
Hybrid Conference
7:00 am - 3:05 pm

USC
Diabetes Symposium
2025

Presented By:
USC Department of Medicine,
Division of Endocrinology and Diabetes and
USC Office of Continuing Medical Education



PROGRAM AGENDA

- 7:00 am **Live Registration Opens and Continental Breakfast**
7:45 am **Virtual Login Begins**
8:00 am **Director's Welcome and Announcements**
Alyssa L. Dominguez, MD

Session I

Moderator: Alyssa L. Dominguez, MD

- 8:10 am **What's New in Type 2 Diabetes? An ADA 2025 Guidelines Update**
Alyssa L. Dominguez, MD
8:40 am **Frontiers in Insulin Therapy: Once-Weekly Basal Insulin**
Athena Philis-Tsimikas, MD
9:10 am **Advances in Surgical and Endoscopic Therapies for Type 2 Diabetes and Obesity**
Harry J. Wong, MD
9:40 am **Questions and Answers**
10:00 am **Break**

Session II

Moderator: Alyssa L. Dominguez, MD

- 10:20 am **Lipid-Lowering Therapies in Type 2 Diabetes: Are We Doing Enough?**
Parveen K. Garg, MD
10:50 am **Diabetes in Older Adults: Special Considerations for the Geriatric Population**
Caitlyn Kuwata, MD
11:20 am **Management of Painful Diabetic Neuropathy**
Michael Bottros, MD
11:50 am **Questions and Answers**
12:10 pm **Lunch**

Session III

Moderator: Alyssa L. Dominguez, MD

- 1:10 pm **Diabetes Tech in 2025**
Rayhan A. Lal, MD
1:40 pm **Inpatient Hyperglycemia Management**
Abigail Makary, DNP, FNP-C
2:10 pm **Questions and Answers**
2:30 pm **Ask the Experts: Challenging Cases in T2DM**
Alyssa L. Dominguez, MD, Rayhan Lal, MD, Abigail Makary, DNP, FNP-C and Katie Page, MD
3:00 pm **Closing Remarks**
Alyssa L. Dominguez, MD
3:05 pm **Adjourn**

FACULTY

Course Director

Alyssa L. Dominguez, MD

Assistant Professor of Clinical Medicine
Director of Keck Diabetes Center
Division of Endocrinology and Diabetes
Keck School of Medicine of USC
Los Angeles, CA

Planning Committee

Katie Page, MD, MS

Associate Professor of Medicine
Co-Chief, Division of Endocrinology and Diabetes
Director, Diabetes and Obesity Research Institute
Division of Endocrinology and Diabetes
Keck School of Medicine of USC
Los Angeles, CA

Keck School of Medicine of USC Faculty

Michael Bottros, MD

Clinical Associate Professor of
Anesthesiology (Clinician Educator)
Medical Director of Pain Service and
Clinical Coordinator for Pain Service-Keck
Director of Pain Medicine Fellowship
Department of Anesthesiology

Abigail Makary, DNP, FNP-C

Nurse Practitioner
Division of Endocrinology Diabetes

Harry J. Wong, MD

Assistant Professor of Clinical Surgery
Division of Upper GI & General Surgery

Parveen K. Garg, MD

Associate Professor of Clinical Medicine
and Population and Public Health Sciences
Division of Cardiovascular Medicine

Guest Faculty

Caitlyn Kuwata, MD

Associate Program Director
LA General Medical Center/
Keck School of Medicine of USC
Geriatrics Fellowship
Geriatrician at LA General Medical Center
Geriatrics Clinic
Los Angeles, CA

Rayhan A. Lal, MD

Assistant Professor of Medicine (Endocrinology)
and of Pediatrics (Endocrinology)
Departments of Medicine and Pediatrics
Stanford Univesity
Stanford, CA

Athena Philis-Tsimikas, MD

Corporate Vice President
Scripps Whittier Diabetes Institute,
Scripps Health
La Jolla, CA

COURSE DESCRIPTION

The *USC Diabetes Symposium* returns for its 4th year, continuing to provide exciting updates in the care of people with diabetes, as well as the accompanying complications and comorbidities.

This hybrid program, offered in person and over virtual platform, presents updates in the field of diabetes and obesity management from experts in a variety of fields.

Highlighted are areas of advancement including updates to guideline-based medical therapy, management of peripheral neuropathy, strategies for reducing of cardiovascular risk, managing diabetes in the inpatient setting and in the geriatric population, updates in diabetes technology and discussion of cutting-edge therapies such as new bariatric procedures and weekly insulin.

COURSE OBJECTIVES

By the end of the course, participants will be able to:

- Identify patients who are candidates for cardio and renal protective medications.
- Know the benefits of once-weekly insulin therapy.
- Treat obesity in the context of diabetes.
- Integrate strategies for reduction of polypharmacy, especially in older adults.

TARGET AUDIENCE

This course is intended for endocrinologists, primary care providers, nurses, trainees and other health professionals that care for those with diabetes and obesity to enhance their knowledge of up to date treatment strategies.

ACCREDITATION STATEMENT

The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

CREDIT DESIGNATION

The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 5.75 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number.

Physician Assistants: The National Commission on Certification of Physician Assistants states that *AMA PRA Category 1 Credits™* accredited courses are acceptable CME requirements for recertification.

REGISTRATION

USC Diabetes Symposium 2025: September 20, 2025

Early-bird price for live and virtual registration ends September 16, 2025 at 12:00 pm, PDT. To register after September 16, 2025: Virtual registration adjusts to on-site price. For live registration, please register on-site.

Tuition: Choose one: ☐ Live Attendance ☐ Virtual Attendance

	Early-Bird	After September 16
MD/DO	<input type="checkbox"/> \$150	<input type="checkbox"/> \$175
NP/PA/APP or RN/AH	<input type="checkbox"/> \$125	<input type="checkbox"/> \$150
Fellows/Residents/Students	<input type="checkbox"/> \$25	<input type="checkbox"/> \$25

Cancellation: Cancellations must be received by the USC Office of CME (fax or email) by September 16, 12:00 pm PDT for a refund. A \$50 cancellation fee will be applied. In the event of course cancellation by conference organizers, registration fees will be fully refunded. USC will not refund any travel costs incurred.

Location: Catherine and Joseph Aresty Conference Center, in the lower ground level of the Harlyne J. Norris Cancer Research Tower on the USC Health Sciences Campus 1450 Biggy Street, Los Angeles, CA 90033

Parking: \$20 at Biggy Parking Structure (P8): 1334 Biggy Street, Los Angeles, CA 90033. Parking is contactless and there will not be an attendant on duty. Follow the signs with these instructions: Park in any unmarked space. Text **BGGY to 25023**. Enter your license plate and payment details.

Register: **Mail:** 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033
Mail-in registration must be postmarked by September 16, 2025.
Online: keckusc.cloud-cme.com/diabetes2025 **Visa or Mastercard only.**
Phone: (323) 442-2555 | **Fax:** (323) 442-3734 **AMEX, Mastercard, Visa**
Email: usccme@usc.edu

On-site: **Live registration:** Available September 20, 7:00 am, Aresty Conference Center.
Virtual registration: Available until 9:30 am, PDT on September 20, 2025.
Visa or Mastercard: keckusc.cloud-cme.com/diabetes2025.

NAME _____ DEGREE _____

MEDICAL LICENSE NUMBER _____

TELEPHONE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

SPECIALTY _____

EMAIL ADDRESS* _____

INSTITUTIONAL AFFILIATION _____

SPECIAL DIETARY OR PHYSICAL NEEDS _____

*We strive to accommodate dietary recommendations. Please note that not all food items may meet special requirements. Food items will be labeled for your convenience. *Registration confirmation and event reminder will be emailed.

Method of Payment:

No cash payment accepted.

☐ Check (Check payable to USC. Check payment must be postmarked by September 16, 2025)

☐ Credit Card (Mastercard or Visa. American Express by Phone/Mail/Fax only)

CREDIT CARD NUMBER _____

EXPIRATION DATE _____ SECURITY CODE _____

AUTHORIZED SIGNER _____ AMOUNT \$ _____

COURSES ARE SUBJECT TO CANCELLATION.

